Issue RLCMD / NL 3, 2025 (September-December)



# REFLECI NEWSLETTER OF LCMD

# **Dentalnnovate 2.0**

Special Issue



St-19, Block 15, KDA Scheme 36, Gulistan-e-Jauhar, Karachi



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#### PREFACE OF SPECIAL ISSUE

#### **Editorial Note**

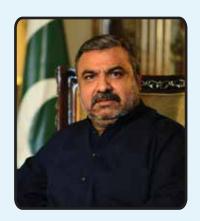
Welcome to the new issue of Reflections by LCMD, a special edition dedicated to DentalInnovate 2.0, held at the Expo Center Karachi as part of the Healthcare Expo 2025. This landmark event united dental professionals, students, and institutions from across Pakistan in an inspiring showcase of knowledge, research, creativity, and collaboration.

In these pages, you will find highlights from the diverse competitions, scientific sessions, creative showcases, and the extraordinary teamwork that defined DentalInnovate 2.0. More than 1,000 participants, 500 entries, and 20 institutions came together to reaffirm the strength and spirit of Pakistan's dental fraternity.

This issue is not only a record of achievements but also a celebration of unity, innovation, and vision. We invite you to relive these memorable moments and share in our pride as LCMD continues its journey of academic leadership, community service, and excellence in dentistry.



#### A MESSAGE FROM CHAIRMAN



It gives me immense pride and joy to witness Liaquat College of Medicine & Dentistry (LCMD) continue to uphold its commitment to academic excellence, innovation, and service to the nation. DentalInnovate 2.0, held at the Expo Center Karachi, stands as a shining example of LCMD's leadership in fostering unity, creativity, and scientific advancement within the dental community.

By bringing together more than twenty dental institutions and over a thousand participants from across Pakistan, LCMD has once again proven that progress in education thrives when collaboration and vision go hand in hand. The diverse range of events—from scientific sessions and research presentations to creative competitions—reflects the dynamic spirit of our faculty and students who continuously strive to redefine dental education.

As Chairman, I extend my heartfelt appreciation to the organizing team, faculty, and participants for making DentalInnovate 2.0 a resounding success. Such initiatives not only enhance professional learning but also strengthen the bonds within our national academic fraternity.

I am confident that the same passion and teamwork will continue to guide LCMD and Dar-ul-Sehat Hospital in achieving new milestones in healthcare education and community service. May Reflections continue to illuminate the achievements of our institution and inspire future generations to pursue excellence with purpose and compassion.

Senator Amir Waliuddin Chishti Chairman, Liaquat College of Medicine & Dentistry and Darul Sehat Hospital

#### A MESSAGE FROM VICE CHAIRMAN



DentalInnovate 2.0 has proven that when academic vision, professional dedication, and youthful creativity converge, the results are transformative. This event not only united the dental fraternity from across Pakistan but also showcased how collaboration across institutions can elevate our profession.

As Vice Chairman, I take pride in LCMD's leadership role in convening this historic platform, where science, skill, and imagination blended seamlessly. With over a thousand participants and national-level recognition, DentalInnovate has reinforced our belief that Pakistan's dental academia is ready to meet the challenges of tomorrow with confidence and innovation.

Together, let us carry this momentum forward, fostering stronger partnerships, nurturing student leadership, and ensuring that our contributions in dentistry extend beyond classrooms and clinics to the betterment of society at large.

Dr. Syed Ali Farhan Razi Vice Chairman, Liaquat College of Medicine & Dentistry and Darul Sehat Hospital

#### A MESSAGE FROM EDITOR IN CHIEF



DentalInnovate 2.0 was not simply an event—it was a movement that celebrated knowledge, creativity, and the spirit of unity among dental institutions across Pakistan. From the scientific sessions to the vibrant film festival, every competition reflected the dynamism of our students and the unwavering mentorship of our faculty.

At LCMD, we believe dentistry is more than treatment; it is education, prevention, and advocacy. By bringing together ideas from all corners of the country, we demonstrated how oral health can be advanced through dialogue, research, and innovation.

As we celebrate this achievement, we remain mindful of our broader responsibility: to expand access to care, to nurture compassion alongside clinical skill, and to inspire the next generation of dentists to serve humanity with excellence. May this success encourage us all to keep innovating, collaborating, and striving for healthier smiles across our nation.

Prof. Dr. Navid Rashid Qureshi
Principal, College of Dentistry, LCMD
Editor-in-Chief, Reflections by LCMD
President, Pakistan Dental Association (Karachi Chapter)

#### A MESSAGE FROM ASSOCIATE EDITOR



The third issue of \*Reflections\* is a proud moment for the entire LCMD family, as it captures the energy and creativity of DentalInnovate 2.0. This edition pays tribute to the countless hours of teamwork, the dedication of faculty mentors, and the boundless enthusiasm of our students who made this event a resounding success.

I had the privilege of leading the \*\*Table Clinic Competition\*\*, which saw more than 65 entries displayed with remarkable innovation in demonstrating dental concepts and models. The passion and creativity of participants transformed scientific ideas into engaging educational experiences, setting a new benchmark for interactive learning.

From poster presentations and table clinics to research papers, role plays, and short films, every effort reflected the true spirit of academic growth and professional expression. The participation of over 20 institutions demonstrated the strength of our shared vision for dentistry in Pakistan.

As Associate Editor, I extend my gratitude to all contributors, judges, and organizers who made this possible. May this newsletter continue to serve as a platform for celebrating our collective achievements and motivating us to aim higher in the journey of learning, service, and innovation.

Dr. Anjum Fahad
Associate Editor, Reflections by LCMD
Head of Department, Community Dentistry
LCMD

Liaquat College of Medicine & Dentistry (LCMD) proudly hosted **Dentalnnovate 2.0**, a landmark national dental academic and creative event held from **22nd to 24th July 2025** at Expo Center Karachi, as part of the Healthcare Expo 2025. The event brought together dental professionals, faculty, students, and institutions from all across Pakistan for a powerful blend of competitions, scientific dialogue, and artistic expression—making it one of the most anticipated dental gatherings of the year. The event was also held in collaboration with Bhittai Dental College, amplifying its national impact.

Under the visionary leadership of Prof. Dr. Navid Rashid Qureshi (Chairperson), Prof. Dr. Uzma Zareef (Co-Chairperson), and Prof. Dr. Tahera Ayub (Secretary), the event saw seamless coordination and impactful execution. The core organizing team included Dr. Rizwan Hassan, Dr. Saim Siddiqui, Dr. Saba Shahid, and Dr. Tauseef Ahmed, who managed registrations, logistics, creative media, and inter-institutional coordination.

DAY 1 – Poster Presentations & Table Clinics Kick Off the Event The opening ceremony, hosted by Dr. Duaa Ali and Dr. Saramad Khan, set an energetic tone for the three-day celebration. Day 1 featured the Poster Competition and Table Clinic Competition, with over 170+ submissions from undergraduate and postgraduate students across the country. These segments were led by Dr. Sadaf Asrar, Dr. Samir Azeem, Dr. Anjum Fahad, and Dr. Kamran Parwez. Dental colleges such as LCMD, DIDC, Hamdard, Bahria, Bhittai, Altamash, and Ziauddin secured top positions through highly visual and clinically innovative presentations.









#### DAY 2 – Scientific Dialogue and Competitive Spirit

On Day 2, the event hosted a high-profile Scientific Session, themed "Revolutionizing Oral Healthcare: Trends, Tools and Tomorrow's Challenges," expertly led by Dr. Amna Rehman and Dr. Hijaab, and hosted by students Hammad Siddiqui (2nd Year) and Mishka Aman (3rd Year). The session featured keynote addresses from eminent national and international speakers including Prof. Dr. Nejat Nizam (EGE University, Turkey), Prof. Dr. Navid Rashid Qureshi, Prof. Dr. Kashif Ikram, Prof. Dr. Farhan Raza Khan, Dr. Syed Murtaza Raza Kazmi, Prof. Dr. Feroze Ali, and Dr. Syed Muhammad Faizan. The event was accredited with CME hours by Jinnah Sindh Medical University.

The Scientific Paper Presentation Competition, led by Dr. Asad Farooq and Dr. Arifa Haque, allowed young researchers to present innovative dental research, while the Quiz Competition, coordinated by Dr. Tazeen Zehra and Dr. Aisha Faisal and hosted by Amna Hania (3rd Year) and Areesha Shams (Final Year), drew fierce participation from top institutes including SIOHS, Hamdard, LCMD, JMDC, and DIDC.

#### DAY 3 – Creative Expression Meets Dental Advocacy

Day 3 turned the spotlight on communication, creativity, and storytelling, with the Academic Role Play Competition and Dental Film Fest 2.0. The role play segment, led by Prof. Dr. Naheed Najmi and Dr. Aisha, and hosted by Zunaira (3rd Year), tackled scenarios of patient communication and ethics. Teams from LCMD, Isra Dental College, JSMU, and LUMHS stood out for their scripting, performance, and depth.









Dental Film Fest 2.0, organized by Prof. Dr. Tahera Ayub, Prof. Dr. Uzma Zareef, and Dr. Rizwan Hassan, received over 30 short films and 60 creative reels from dental students and institutions nationwide. It was hosted by Mishka Aman and Hammad Siddiqui, and judged by a prestigious panel including Prof. Dr. Nasir Ali Khan, Dr. Faraz Nawaz, Dr. Shakil Qazi, Dr. Imtiaz Lone, Dr. Faizan, and Dr. Rafia Rafiq. From the media world, Ms. Niha Dagia (Head of Dawn News Digital) and Ms. Madiha Naqvi (renowned morning show host) were invited as special judges, enriching the evaluation with a media and storytelling perspective.

#### **Transparent Judging Across the Board**

All competition categories were judged by panels jointly nominated by dental colleges across Sindh, involving more than 60 judges—including senior faculty, junior faculty, and house officers—ensuring fair, transparent, and multidisciplinary assessment.

#### **Rewarding Talent: A Celebration of Excellence**

The grand Prize Distribution and Closing Ceremony, hosted by Dr. Afshan Faizan and Dr. Abdul Raffay, and emceed by Dr. Rizwan Hassan, marked the culmination of the event. Cash prizes worth multiple lakhs were awarded across all categories. Top winners in each segment received amounts ranging up to 75,000, with special awards for faculty mentors, organizers, and audience choice recipients.









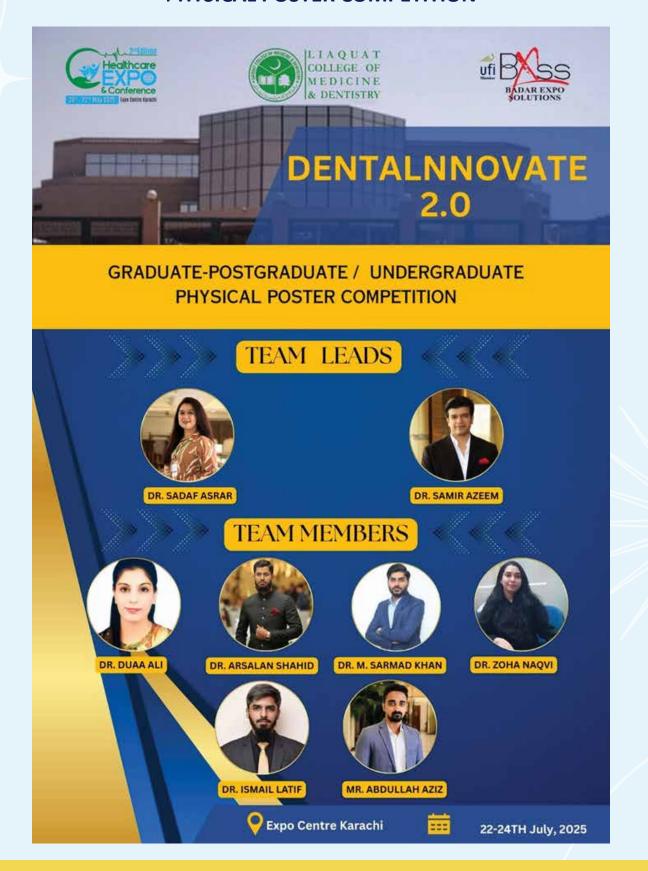
#### DentalInnovate 2.0 – Celebrating the Core Team Behind the Success!

DentalInnovate 2.0, held from \*22nd to 24th July\*, was a landmark event that blended innovation, creativity, and academic excellence in dentistry. At the helm, Chairperson Prof. Dr. Navid Rashid Qureshi and Co-Chairperson Prof. Dr. Uzma Zareef provided strategic vision and unwavering guidance, while Secretary Prof. Dr. Tahera Ayub ensured seamless coordination, documentation, and smooth execution across all sessions.

The core team worked tirelessly to transform the concept into reality. Dr. Rizwan Hassan played a pivotal role in overall event coordination, managing planning, logistics, and interdepartmental communication to guarantee flawless operations. Dr. Sabaa Shahid took charge of scientific sessions and academic competitions, maintaining high standards of quality, fairness, and academic integrity throughout the event. Dr. Saim Siddiqui ensured efficiency in participant registrations and also managed technical operations and stage flow, making certain that the entire event ran without a hitch. Meanwhile, Dr. Tauseef Ahmed led marketing and promotions, creating an impactful presence both online and on-ground while ensuring excellent participant engagement. Together, this dynamic team successfully executed eight competitive categories, including Poster and E-Poster Presentations, Scientific Sessions, Table Clinics, Free Paper Presentations, Quiz, Reels, Short Films, and Academic Role Play. Their passion, dedication, and teamwork turned DentalInnovate 2.0 into an unforgettable experience that set a new benchmark for academic and creative excellence.



### ORGANIZING TEAM OF PHYSICAL POSTER COMPETITION



#### ORGANIZING TEAM OF TABLE CLINIC COMPETITION







"Empowering Healthcare Minds, One Table at a Time"



22nd July 2025



Hall 1, Expo Centre Karachi



Dr. Anjum Fahad



**MEMBERS** 



Dr. Kamran Pervez



Dr. Anas Member



Dr Kanwal Member



Dr. Seema Member



Member



Dr Summera Dr. Mahnoor Abid Member

#### /OLUNTEERS



Dr. Abdullah Volunteer



Dr. Asad Malik Volunteer

# FACILITATORS



Dr. Tooba Aziz

Dr. Tooba Hameed
Facilitator

Facilitator Facilitator



Dr. Siddique Facilitator

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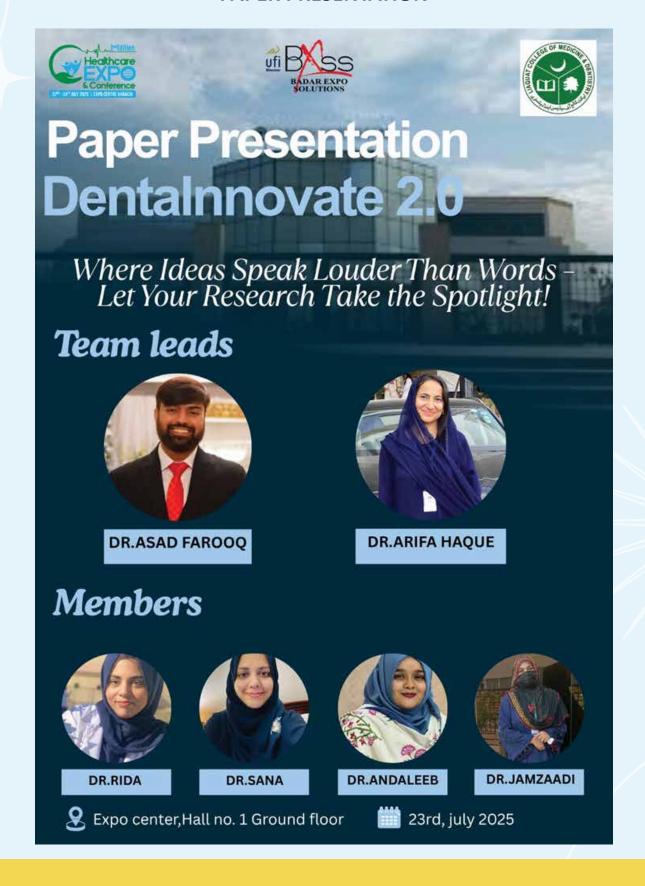
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Imran Nazir **Admin Support** 

### ORGANIZING TEAM OF PAPER PRESENTATION



### ORGANIZING TEAM OF SCIENTIFIC SESSION







# DENTALNNOVATE 2.0 SCIENTIFIC SESSION

### **Team Lead**





Dr Amna Rehman ASSOCIATE PROFESSOR OMFS



Dr Hijab Farid Khan ASSISTANT PROFESSOR ORAL MEDICINE

### **Members**



ASSOCIATE PROFESSOR ORAL PATHOLOGY



Dr Afshan Faizan
ASSISTANT PROFESSOR
ORAL PATHOLOGY



Dr Abdul Raffay RESIDENT OMFS



Dr Ride
DEMONSTRATOR
DENTAL MATERIAL



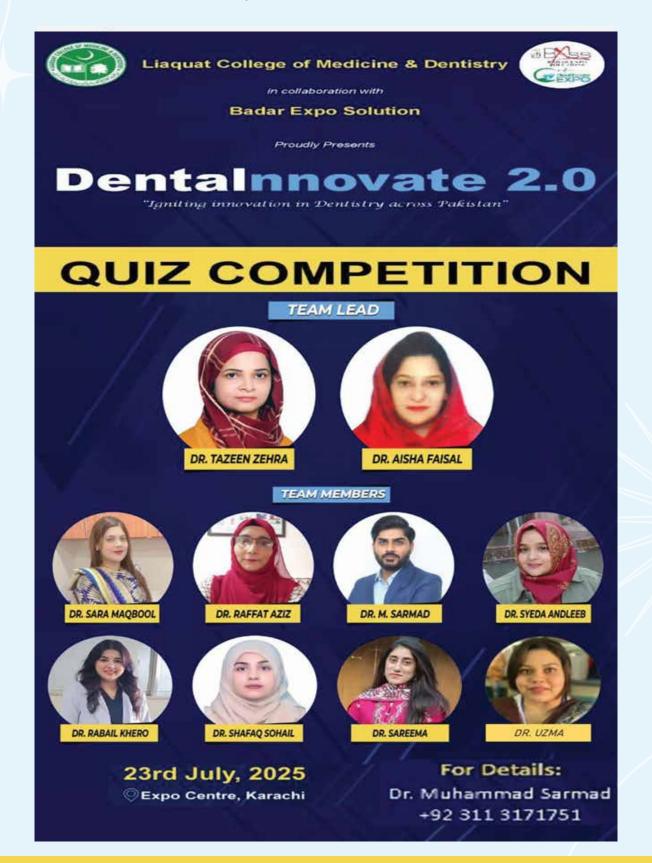
CO-ORDINATOR
MARKETING & DEVELOPMENT





23rd July 2025

## ORGANIZING TEAM OF QUIZ COMPETITION

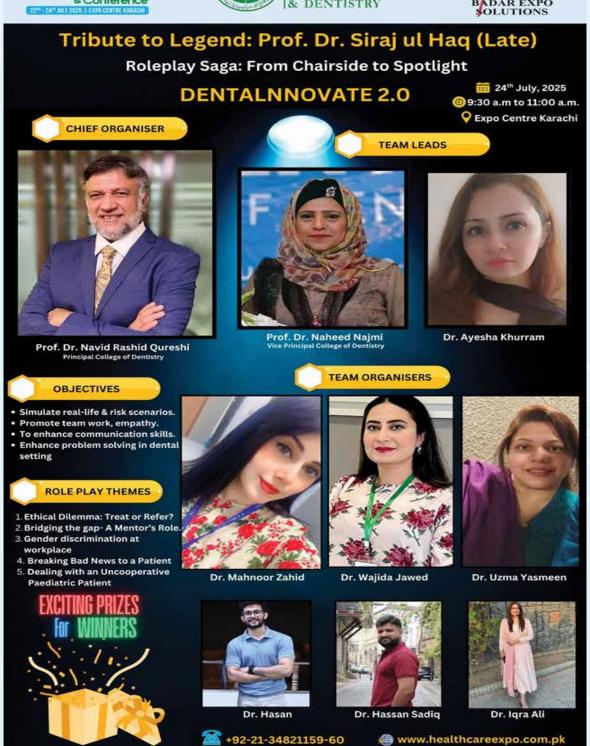


### ORGANIZING TEAM OF ROLEPLAY COMPETITION









## ORGANIZING TEAM OF FILM FEST COMPETITION



#### PHYSICAL POSTER COMPETITION

Liaquat College of Medicine & Dentistry (LCMD), in collaboration with **Badar Expo Solutions**, successfully hosted **Dentalnnovate 2.0** from **July 22–24**, **2025** at the Expo Centre Karachi as part of the **2nd Edition** of the Healthcare Expo & Conference. This prestigious event provided an exceptional platform for dental professionals and students to showcase their research, creativity, and passion for innovation in dentistry.

The highlight of the event was the Graduate–Postgraduate and Undergraduate Physical Poster Competition, which witnessed overwhelming participation and impressive contributions from across Pakistan.

#### **Competition Highlights:**

- Undergraduate Category: Featured BDS students presenting synopses, review articles, and original research projects, showcasing exceptional academic insight and creativity.
- Graduate & Postgraduate Category: Dentists, trainees, and faculty members presented cutting-edge original work, fostering knowledge exchange and collaboration.

Led by Dr. Sadaf Asrar (Assistant Professor, Oral Biology) and Dr. Samir Azeem (Assistant Professor, Oral Medicine), along with Dr. Duaa Ali, Dr. Arsalan Shahid, Dr. M. Sarmad Khan, Dr. Zoha Naqvi, Dr. Ismail Latif, and Mr. Abdullah Aziz, the organizing team ensured smooth coordination, fair judgment, and a remarkable experience for participants.

The judging process was designed to be fair and transparent, with panels of experts from multiple dental institutions and academic ranks. Awards were presented in each category to honor outstanding research and innovative ideas, motivating young dental minds to strive for excellence.









#### **TABLE CLINIC COMPETITION**

#### **Showcasing Innovation: Table Clinic Competition at Dentalnnovate 2.0**

The Table Clinic Competition of **Dentalnnovate 2.0**, held on **22nd July 2025** in Hall 1 of the Expo Centre, Karachi, ran parallel to the Physical Poster Competition and proved to be one of the most vibrant highlights of the event.

Organized under the dedicated supervision of Dr. Anjum Fahad and Dr. Kamran, the competition brought together a remarkable display of innovation, clinical knowledge, and presentation skills. With 67 table clinics registered from various dental colleges across the region, participants showcased a wide spectrum of ideas that blended scientific knowledge with practical application.

The event reflected the enthusiasm, creativity, and professionalism of both students and faculty, transforming Hall 1 into a hub of energy and academic excellence. Judges and visitors alike praised the depth of research, clarity of concepts, and interactive presentations that made the table clinics an outstanding success.

#### Winners of the Table Clinic Competition:

- 1st Position: Dow International Dental College
- 2nd Position: Bahria University of Health Sciences
- 3rd Position: Dow International Dental College
- Consolation Prizes: Liaquat College of Medicine & Dentistry and Hamdard University

The competition not only recognized outstanding talent but also fostered collaboration and camaraderie among dental institutions. Dentalnnovate 2.0's Table Clinic Competition stands as a testament to the growing strength and innovation of Pakistan's dental education community.









#### **SCIENTIFIC PAPER PRESENTATION**

#### Scientific Paper Presentation at DentalInnovate 2.0

At **DentalInnovate 2.0**, one of the most intellectually engaging segments was the Scientific Paper Presentation, led by Dr. Asad Farooq and Dr. Arifa Haque, with the support of an enthusiastic and dedicated team comprising Dr. Rida, Dr. Jamzaadi, Dr. Sana, and Dr. Andaleeb. The team meticulously reviewed a wide range of submissions from various institutions, ultimately shortlisting outstanding published articles from participants representing Aga Khan University (AKU), Altamash Institute, and LCMD.

Under the supervision of segment chairperson Dr. Amynah, the event featured six shortlisted participants who delivered insightful presentations. A panel of esteemed judges—Dr. Sana Mirza, Dr. Abdur Rasheed, and Dr. Ambreena—evaluated the presentations based on a structured online rubric, ensuring fairness and academic integrity. This segment not only provided a platform for postgraduate trainees to showcase their research but also fostered a culture of scientific inquiry and knowledge sharing, making it a highlight of the conference.









#### **SCIENTIFIC SESSION**

**Dentalnnovate 2.0** Scientific Session was held on **23rd July 2025**, marking a day dedicated to academic growth, clinical innovation, and collaborative learning. Themed "Revolutionizing Oral Healthcare: Trends, Tools, and Tomorrow's Challenges," the event brought together esteemed speakers from national and international dental communities.

The event began with an engaging and well-coordinated opening,

A special note of appreciation goes to Prof. Dr. Navid Rashid Qureshi, Principal at Liaquat College of Medicine & Dentistry and President of PDA Karachi Chapter, who not only contributed as a speaker but also took the initiative to conceptualise and lead the organisation of Dentalnnovate 2.0. His vision and , ownership, played a vital role in turning the idea into a successful, high-caliber scientific event.

The organisational success of the session was further supported by Team Leads, Dr. Amna Rehman and Dr. Hijab Farid Khan, along with a dedicated team comprising Dr. Afshan, Dr. Rida, Dr. Tauseef, Dr. Abdul Raffay, and Muhammad Amin (Admin Support). Their meticulous planning ensured the smooth execution of the event at every stage.

Session One was chaired by Prof. Dr. Junaid Lakhani, Principal of JMDC and Consultant Oral & Maxillofacial Surgeon, with Prof. Dr. Afifa Razi, Associate Professor and Head of Oral Medicine, as Co-Chairperson. Together, they oversaw a series of thought-provoking lectures delivered by distinguished speakers.

The session began with first speaker, Prof. Dr. Navid Rashid Qureshi presenting on "A Guide to Selecting the Best Dental Implant." Following him, Prof. Dr. Kashif Ikram, Pro-Vice Chancellor at Baqai Medical University, shared valuable perspectives on "Body Mouth Connection and Its Importance." Next, Dr. Jazib Memon, a renowned FCPS Operative dentistry, offered practical insights in "8 Clinical Tips for Endo/Resto." The session concluded with an enlightening online presentation by Prof. Dr. Nejat Nizam from Ege University, Turkey, who spoke on "Periodontal Plastic Surgery," adding international depth and expertise to the forum.









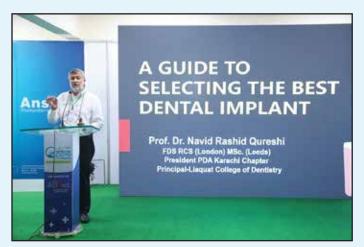
#### **SCIENTIFIC SESSION**

**Session Two** was chaired by Prof. Dr. M. Farhan Khan, Principal of Baqai Dental College, and co-chaired by Prof. Dr. M. Shehzad, Chairman of Oral & Maxillofacial Surgery at LUMHS. The session continued the momentum with more high-impact presentations.

It began with Prof. Dr. Farhan Raza Khan, Head of the Dental Section at Aga Khan University, who delivered a practical and lecture on "Pain Management in Endodontics." He was followed by Prof. Dr. Syed Murtaza Raza Kazmi, an MHPE-trained Consultant Prosthodontist and CPSP Examiner, who presented a compelling topic titled "Do Teeth Talk to Machines and Blur the Brain Images?"

Closing the session was Dr. Syed Muhammad Faizan, CEO of Vanguard Clinics and President of the Pak Dental Community (PDC), who spoke with passion and clarity on "The Soft Skills That Power Hard Science."

The event concluded with a warm vote of thanks by Dr. Hijab Farid Khan, who acknowledged and appreciated the valuable contributions of all speakers, chairpersons, co-chairpersons, organizers, and the enthusiastic audience. Dentalnnovate 2.0 proved to be more than just a scientific session—it was a celebration of knowledge, mentorship, and future-focused vision. It left a lasting impression on all participants and ignited inspiration for continued academic excellence and leadership in the field of dentistry.









#### **DENTALNNOVATE QUIZ COMPETITION**

Quiz-a-Thon 2025 ignited the stage with sharp minds, quick reflexes, and intense competition. Held on July 23, 2025, at Expo Centre Hall 1, the DentalInnovate 2.0 Quiz-a-Thon, hosted by Liaquat College of Medicine & Dentistry (LCMD), was a vibrant showcase of knowledge and academic excellence. The event was led by Dr. Tazeen Zehra (Assistant Professor, Operative Dentistry) and Dr. Aisha Faisal (Assistant Professor & Head of Pediatric Dentistry).

This national-level event brought together top dental institutes, judged by a distinguished panel: Dr. Aqeel Sheikh, Dr. Qadir Baloch, Dr. Farah Saeed, Dr. Wajeeha, Dr. Ahmad Bari.

Twelve teams participated. The qualifying round, conducted via Socrative, featured 20 rapid-fire MCQs in 3 minutes. Based on scores, nine teams advanced.

In Round 1, teams answered four one-word questions. The top six progressed to Round 2, which involved clinical scenario-based questions. Four teams emerged, with a tie-breaker between LCMD and JMDC deciding the third finalist.

The final round featured image-based questions. SIOHS took the win after a thrilling tie-breaker. Hamdard College of Medicine & Dentistry stood second, and LCMD was placed third.

More than just a quiz, Quiz-a-Thon 2025 was a celebration of strategy, teamwork, and academic grit.









### ROLE PLAY SAGA: FROM CHAIRSIDE TO SPOTLIGHT

The mega event **DentalInnovate 2.0** was proudly organized by Liaquat College of Medicine & Dentistry, in collaboration with Badar Expo Solutions, from 22nd to 24th July, 2025.

The event was a source of immense pride and emotion for Liaquat College and the entire organizing team, marking a remarkable success on all fronts.

The third and final day of the event was not merely about witnessing performances—it was about experiencing impactful storytelling, professional growth, and the powerful fusion of education and expression on stage.

Role-play served as an engaging simulation format, replicating real-world patient—dentist interactions to test participants' skills in empathy, breaking bad news, managing patient anxiety, resolving ethical dilemmas, and navigating complex medical histories.

The Dentalnnovate 2.0 Role Play Competition, themed "From Chairside to Spotlight," was a dynamic platform showcasing the integration of medical education with real-life clinical scenarios. Designed to bridge classroom learning with patient-centered practice, the competition highlighted the importance of communication, ethics, decision-making, cultural sensitivity, and teamwork in dentistry.

The event was spearheaded by Prof. Dr. Naheed Najmi and Dr. Ayesha Khurram, whose unwavering dedication and tireless efforts ensured its successful execution, supported by committed organisers from both the faculty and administration.









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#### **ROLE PLAY SAGA: FROM CHAIRSIDE TO SPOTLIGHT**

For this category, the most prominent figures from the field of medical education were invited as

Chairperson: Dr. Sahar Abbasi (Director Medical Education, CPSP) Co-Chairperson: Prof. Salman Shafique (Dean, Isra Dental College)

The esteemed judging panel comprised renowned experts:

- Prof. Dr. Rufina Somroo (Head of General Surgery & Breast Surgeon, LNH)
- Dr. Nabeel Naeem Baig (Head of Research Department, CPSP)
- Dr. Ali Maqbool (Vice Principal & Director of Medical Education, Bhittai Medical & Dental College)
- Dr. Yusra Nasir (Assistant Professor, Medical Education Department, LNH)
- Tribute to legend:
- The session opened with a heartfelt tribute to the late Prof. Dr. Siraj ul Haq, a pioneer in medical education, honoring his invaluable contributions and lasting legacy. His dedication to shaping future health professionals served as a source of inspiration for all participants.

A total of 10 role-plays from the different institutes brought diverse clinical perspectives to the stage:

Winning Prizes

Top-performing teams were awarded for their creativity, clinical insight, and effective communication as 1st,2nd and 3rd with cash prizes from

1st prize: Liaquat College Of Medicine & Dentistry;3rd year BDS

2nd prize: Isra Dental College

3rd prize: Liaquat College Of Medicine & Dentistry;1st year BDS

Other prizes with recognizing

Excellence in performance awarded to Liaquat University Of Medical Health Sciences

Best & innovative script awarded to Sindh Institute Of Oral Health Sciences









#### **DENTAL FILM FEST COMPETITION**

The wait was finally over as the most anticipated and thrilling event of the year, Dental Film Fest 2.0, took place in all its glory. This one-day celebration of creativity brought together the perfect blend of dentistry and cinema, offering a platform where ideas, emotions, and messages came alive through the lens of talented dental students from across Pakistan. The event was nothing short of spectacular, turning an ordinary day into an unforgettable experience filled with passion, entertainment, and innovation.

This year, the response to Dental Film Fest 2.0 was overwhelming, with over 20 captivating short films and 40 imaginative reels submitted from dental colleges nationwide. Each entry reflected the hard work, dedication, and artistic brilliance of the participants, presenting themes ranging from oral health awareness and patient care to ethics and professionalism. The creativity on display transformed dentistry into a powerful visual narrative, engaging audiences in a way that went beyond textbooks and clinics.

Adding prestige and depth to the event was a stellar panel of judges who brought both academic and media expertise to the table. Esteemed names such as Prof. Dr. Nasir Ali Khan, Dr. Faraz Nawaz, Dr. Shakil Qazi, Dr. Imtiaz Lone, Dr. Faizan, and Dr. Rafia Rafiq evaluated the entries with keen insight and appreciation for creativity. The excitement was further amplified by the presence of celebrated media icons Ms. Neha Dagia, Head of Dawn News Channel, and Ms. Madiha Naqvi, a renowned morning show host, whose presence added charm and glamor to the event. Their combined expertise ensured that every submission was judged fairly on creativity, originality, and overall impact.









#### **DENTAL FILM FEST COMPETITION**

The moment everyone had been waiting for finally arrived—the announcement of the winners. In the Short Film category, Hamdard University emerged as the undisputed winner, securing first place with a film that left an indelible mark on both the judges and the audience. Dow International Dental College (DIDC) claimed second position with their compelling and well-executed narrative, while Liaquat College of Medicine & Dentistry (LCMD) proudly took third place with their innovative storytelling. Ziauddin University and LCMD earned special recognition with consolation honors for their commendable efforts and creativity. The coveted Audience Choice Award went to Baqai University, whose impactful submission resonated deeply with viewers and earned roaring applause.

The energy remained sky-high as the winners for the Reels Competition were revealed. LCMD clinched first place, impressing everyone with a reel that combined humor, originality, and an important message in the most engaging manner. LUMHS took the second spot, showcasing a vibrant and eye-catching entry, while Bahria Dental College secured third position for their creative approach. DIKIOHS and Bhittai Dental College received consolation prizes for their enthusiastic participation and artistic contributions. The Audience Choice Award in this category went to Shane Zehra from LCMD, whose outstanding reel captivated the audience and became the talk of the day.

Behind the glamour and excitement stood a powerhouse team whose hard work and vision turned this event into reality. Leading the charge were Prof. Dr. Tahera Ayub, Prof. Dr. Uzma Zareef, and Dr. Rizwan Hassan, whose guidance and leadership ensured flawless execution. They were supported by an exceptional team that included Dr. Saim Siddiqui, Dr. Amna Afridi, Dr. Ashhad Khan, Dr. Maryam Al Amoudi, Dr. Asma Shahid, Dr. Sabaa Shahid and Mr. Moiz Majid, all of whom dedicated themselves to every detail, from planning to execution, to deliver a truly remarkable experience.











#### RECEPTION & TRIBUTE COMMITTEE - DENTALNNOVATE 2.0

The Reception and Tribute Committee proudly served as the welcoming face of **Dental Innovate 2.0**, ensuring every guest felt valued and celebrated from the moment they arrived. With a mission to both extend heartfelt invitations and showcase the remarkable achievements of our dental leaders, the committee worked tirelessly behind the scenes to make this vision a reality.

Personalized invitations were sent to principals, vice principals, and senior dental surgeons across Sindh, inviting them to join this landmark event. Each invitation carried our sincere respect for their contributions to dental education and practice.

As part of our tribute initiative, we curated and displayed an inspiring series of standees featuring principals and vice principals from dental colleges across the province. These displays stood as a proud acknowledgment of their dedication, leadership, and lasting impact on the field of dentistry.

This effort was led with passion and precision by Dr. Tauseef Ahmed (Associate Professor, Oral Pathology) and Dr. Muhammad Abid (Assistant Professor and HOD, Periodontology), supported by Dr. Ishma Binte Saeed (Registrar, Periodontology), Dr. Danial (Registrar, Periodontology), Dr. Ayesha Bashir (Registrar, Dental Material), Dr. Umaima (Resident, Operative Dentistry) and a dynamic team of volunteers include Dr. Sania, Dr. Madiha, Dr. Sameer Kelwani, Dr. Maham, Dr. Sajid, Dr. Anas Sikandari Dr. Mahrooze, and Dr. Arsla along with volunteers from across different colleges. Their combined commitment ensured that every detail reflected the honor and gratitude we hold for our esteemed guests.

Through this work, we not only welcomed participants but also created a space where the legacy of our leaders could be celebrated and remembered. The Reception and Tribute Committee's efforts remain a testament to the collaborative spirit and respect that defines **Dental Innovate 2.0.** 









#### PRE-CONFERENCE WORKSHOPS - DENTALNNOVATE 2.0



#### **CONSCIOUS SEDATION**

On June 18th, a comprehensive workshop on Conscious Sedation was successfully held, attracting 18 participants. The workshop was expertly led by Dr. Shoaib Durrani, a Master Trainer in the field.

The initiative and idea of this workshop was taken by esteemed Principal, College of Dentistry, Prof. Dr. Navid Rashid Qureshi. The facilitators were Prof. Dr. Uzma Zareef, HOD Oral Pathology and Chairperson CDEC, Dr. Amna Rehman, Associate Professor Oral and Maxillofacial Surgery, and Dr. Hijab Farid Khan, Assistant Professor Oral Medicine.

The event commenced with a recitation from the Holy Quran by Talha, a final-year student, setting a reflective tone for the day. Dr. Shoaib Durrani delivered an engaging presentation on Conscious Sedation, covering its principles, applications, and best practices. The theoretical session was followed by a demonstration, where Dr. Shoaib showcased the practical application of conscious sedation techniques. This hands-on approach allowed participants to observe and learn from the expert's experience. The workshop provided a valuable opportunity for participants to interact with Dr. Shoaib, , ask questions, and clarify doubts.

#### **Key Takeaways**

- 1. Comprehensive understanding of conscious sedation principles and applications
- 2. Practical insights into implementing conscious sedation techniques
- 3. Opportunity to interact with an expert trainer and clarify doubts

Participants praised the workshop for its engaging content, expert delivery, and practical demonstration. Many expressed gratitude for the opportunity to learn from Dr. Shoaib Durrani and appreciated the organizers for hosting the event.













#### NON-SURGICAL AND FLAPS DESIGN IN PERIODONTOLOGY

Liaquat College of Medicine and Surgery organized a Masterclass on "Non-surgical and Flaps design in Periodontology" as a pre-workshop event for **Dentalnnovate 2.0.** The workshop was expertly organized by Principal Prof. Dr. Navid Rashid Qureshi and his team, comprising Prof. Dr. Uzma Zareef and Dr. Amna Rehman.

This workshop is led by Dr. Maaz Asad, Head of Department, Periodontology of Baqai University, who shared his expertise and knowledge on flap designs and a hands-on workshop. Furthermore, the session is facilitated by a team of experienced professionals, including Dr. Muhammad Abid, who shared his critical knowledge on the management of non-surgical periodontal treatment, along with Dr. Samir Azeem and Dr. Afshan Qamar, who provided personalized guidance and support to the participants.

The 35 participants engaged in interactive and hands-on sessions, gaining practical experience in surgical and non-surgical flap techniques. The workshop received excellent feedback from the participants, who appreciated the opportunity to learn from renowned experts in the field.

Upon completion of the workshop, participants received certificates and Continuing Medical Education (CME) credits from JSMU, recognizing their participation and commitment to professional development.

The workshop concluded with a lunch session, providing participants with an opportunity to network with peers and speakers and relax after an engaging and informative day.

The success of this workshop reflects the dedication of Liaquat College of Medicine and Dentistry and the organizing team to providing high-quality education and training in periodontology.









#### PRE-CONFERENCE WORKSHOPS - DENTALNNOVATE 2.0



#### NON-SURGICAL AND FLAPS DESIGN IN PERIODONTOLOGY

Liaquat College of Medicine and Dentistry with collaboration with DOW Dental College organized File Retrieval Workshop — held as the pre-workshop of **Dentannovate 2.0** and marking a first-of-its-kind event in Sindh, Pakistan.

Our deepest thanks go to our distinguished speaker and master trainer, Prof. Dr. Arshad Hassan, for generously sharing his expertise and enriching the workshop with his valuable insights.

We are also thankful to the Principal of Dow Dental College for his unwavering support and encouragement. A special mention to Dr. Javeria for her exceptional efforts, which played a key role in the workshop's success.

We sincerely appreciate the contributions of Prof. Dr. Navid Rashid Qureshi, Prof. Dr. Uzma Zareef, Dr. Amna Rehman, Dr. Tauseef Ahmed, , Dr Hijab Farid Khan and Dr. Zara Mehreen for facilitating this workshop and supporting its smooth execution.

We also extend our gratitude to the facilitator, whose coordination ensured a seamless experience, and to the volunteers, whose dedication and hard work did not go unnoticed.

Our special thanks to Bondent, Qaiser Naveed Sb from Mr. Dental, and Sheroze Sb for their generous support, which greatly enhanced the workshop.

Finally, we thank all the participants and Cerkamed Company for their active and enthusiastic engagement. Your involvement was key in making the workshop truly interactive and impactful.









#### KKF DENTAL OPD ACHIEVES NEW MILESTONE

In a remarkable stride toward enhancing patient care and student welfare, KKF Dental OPD.

KKF OPD administration, has successfully inaugurated several new facilities under the guidance Prof. Dr Navid Rashid Qureshi (Principal College of Dentistry)—marking a significant milestone in its ongoing commitment to excellence.

#### **Cafeteria Inauguration**

A brand-new cafeteria has been inaugurated to serve both students, faculty, and Patients offering a comfortable and refreshing space to dine, relax, and recharge. The area is thoughtfully designed with natural ventilation and lush greenery, creating a serene environment that blends nourishment with nature.

#### **Student Washroom Facilities**

To further support student comfort, a dedicated washroom facility has been established, ensuring hygiene and convenience within close proximity to the academic and clinical zones.

#### **Shaded Waiting Area for Patients**

Patients visiting the OPD can now benefit from a new spacious shaded waiting area, enriched with greenery and open-air ventilation. This space not only improves patient experience but also reflects the institution's commitment to compassionate care.

#### Filtered water cooler Facility for the Patients

In 2025, the hospital administration initiated the installation of a filtered water cooler facility to provide clean and safe drinking water for patients and other attendants. This step was taken as part of our commitment to improving patient care and ensuring the comfort of visitors with the hospital premises.





#### KKF DENTAL OPD ACHIEVES NEW MILESTONE

The facility is equipped with a high-quality water filtration system to ensure the supply of hygienic drinking water, free from contaminants. The water cooler has been strategically placed in an accessible location so that both patients and attendant can benefit from it without difficulty. This initiative reflect our continued efforts to enhance health care service beyond medical treatment promoting patients and maintaining a healthy environment within hospital.

#### **Outdoor Play Area for Students**

Recognizing the importance of recreation in academic life, a designated play area has been developed for students. It includes space for cricket, badminton, hand ball and other outdoor games, promoting physical well-being and team spirit.

#### **Expansion of Dental Units**

In a major upgrade to clinical capacity, the number of dental units has been increased 40, significantly boosting the department's ability to serve patients efficiently and train students effectively. These developments reflect a shared vision between KKF and LCMD to foster a holistic, patient-centered, and student-friendly environment. The leadership and collaborative efforts behind this initiative are a testament to the institution's dedication to continuous improvement and innovation in dental education and care.













#### **TEACHER ASSISTANCE PROGRAM**

In line with a commitment to fostering academic excellence and comprehensive student development, The Department of Health Professions Education (DHPE), as a key academic pillar of Liaquat College of Medicine & Dentistry, continues to work proactively toward promoting positive learning outcomes, institutional development, and the academic growth of students through evidence-based educational strategies and faculty development initiatives.

Liaquat College of Medicine & Dentistry is proud to announce the successful execution of the Teacher Assisted Program (TAP), an innovative peer-support initiative designed to enhance academic engagement, promote leadership, and strengthen the mentorship culture among undergraduate students.

What sets this initiative apart is its transparent and merit-based selection process, designed to ensure that only the most capable and committed students were chosen as Teacher Assistants (TAs). A key highlight of this program is the first-ever implementation of the Multiple Mini Interview (MMI) process by the Department of Health Professions Education (DHPE).

#### **DHPE Team includes:**

Dr. Sabaa Shahid-Incharge

Dr. Ayesha Khurram-Lecturer

Mr. Moiz Majid-Admin Support

This significant milestone reflects the institution's commitment to fair, transparent, and holistic evaluation practices.





# **TEACHER ASSISTANCE PROGRAM**

These TAs were not selected solely on the basis of academic performance; Unlike traditional selection, the MMI provided a comprehensive and structured approach to assess candidates across a variety of essential domains, including:

- Communication and interpersonal skills
- Empathy and emotional intelligence
- Teamwork and conflict resolution
- Accountability and ethical judgment
- Professionalism and willingness to help others

This first-of-its-kind initiative ensured that academic merit was complemented by critical soft skills, aligning the selection process with the core values of effective teaching assistance and peer mentorship. The MMI format—widely recognized for its reliability and objectivity. This multi-dimensional approach ensured the selection of well-rounded individuals best suited for the role of Teacher Assistants (TAs)—those capable of fostering a supportive and productive academic environment.

This rigorous evaluation process was conducted under the guidance of the Department of Health Professions Education (DHPE-COD) with the valuable contribution of senior faculty members from various departments. This innovative approach sets a new standard for future student leadership and support roles at the institution.

All selected TAs deserve heartfelt congratulations and sincere appreciation to DHPE-COD for its visionary efforts in launching this impactful program and valuable contributions to this milestone achievement in student development and academic leadership.





### CHPE-COHORT B FIRST CONTACT SESSION

Liaquat College of Medicine & Dentistry successfully inaugurated the First Contact Session of CHPE Batch 1, Cohort B on June 30, 2025 comprises of 25 Basic And Clinical Faculty Members from College of Dentistry, under the leadership of Principal Prof. Dr. Navid Rashid Qureshi. The session began with high energy and enthusiasm from both participants and faculty. Dr. Taher Ayub, the course director, introduced the program with a brief overview. The presence of Dr. Rahat Naz and Dr. Syeda Kausar from JSMU added value as they engaged participants about their expectations and delivered impactful sessions on portfolio development and learning theories respectively.

Day 1 focused on foundational learning styles, facilitated by Dr. Tahera Ayub through interactive activities, enabling participants to reflect on their own teaching practices. Day 2 emphasized writing SMART learning objectives, led by Prof. Dr. Naheed Najmi, and included a comprehensive session on Mayer's Multimedia Principles by Dr. Ayesha Khurram. An innovative highlight was the digital storytelling session by Dr. Rooha Sultan, which encouraged participants to create and present their own educational narratives.

Day 3 introduced the role of AI in medical education through a practical workshop by Prof. Dr. Shams Nadeem Alam, showcasing tools for modern teaching. This was followed by sessions on Team-Based Learning and lesson planning, helping participants link instructional design with classroom realities.

On Day 4, the focus shifted to small group and clinical teaching. Prof. Dr. Tahera Ayub facilitated an engaging session on small group teaching strategies, followed by Dr. Sabaa Shahid's practical insights into clinical teaching models. Dr. Ayesha Khurram further clarified the concepts of Case-Based and Problem-Based Learning, allowing participants to design their own educational scenarios.





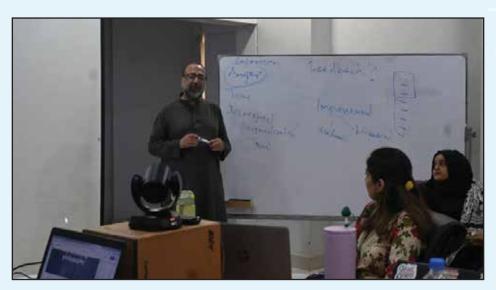


### CHPE-COHORT B FIRST CONTACT SESSION

The final day concluded with high-impact sessions by esteemed facilitators. Dr. Syed Moyn Ali delivered a powerful discussion on constructive feedback using role-play, followed by a virtual session on mentoring by Dr. Tabassum Zehra. Dr. Selina wrapped up the day with a session on simulation-based teaching, emphasizing hands-on learning approaches.

Throughout the five days, participants remained actively engaged, contributing to discussions and participating in hands-on activities. The event concluded with the announcement of digital storytelling winners and distribution of prizes. The dedication of the faculty and organizing team, particularly Course Director Dr. Tahera Ayub, was acknowledged and appreciated. The session ended on a positive note, leaving participants motivated and well-equipped for the next phase of their CHPE journey.







# "Serving Smiles: LCMD's Dental Outreach to Trust-Supported Children"

On 27 May 2025, Liaquat College of Medicine & Dentistry's Department of Community and Preventive Dentistry hosted an Oral Health Awareness and Assessment Camp at Al-Furqan Welfare Organization's school. Under the leadership of the Head of Department, Dr. Anjum Fahad and faculty members Dr. Seema, Dr. Hassan Sadiq, and Dr. Mahnoor Abid, second-year BDS students conducted oral screenings for over 90 students in grades 4–8. Simultaneously, Dr. Aisha Faisal, Head of Pediatric Dentistry, applied fluoride varnish to prevent decay.

In addition to assessments, students received oral health kits and custom goody bags containing toothbrushes, toothpaste, and educational materials to reinforce good hygiene habits. Second-year BDS students, dental house officers, and faculty from Community and Pediatric Dentistry collaborated seamlessly, preparing informative posters and assembling goody bags to engage young learners.

Their enthusiasm and compassion were evident as they guided children through each step of oral care. This outreach not only improved community oral health but also provided dental students with hands-on experience in preventive care, instilling social responsibility and refining their clinical skills.

Serving Smiles exemplifies LCMD's commitment to community service and educational excellence, ensuring future dental professionals understand the profound impact of preventive dentistry.









# **HUMAN RESOURCE DEPARTMENT LCMD**



### **HAJJ NOMINEES FOR 2026**

#### **HAJJ FACILITY**

Since 2010, around 50 MEMBERS have been facilitated.

#### **HEALTH FACILITY**

During last five year around 1000 number of patients have been facilitated.

### **OTHER FACILITIES**

Provident Fund

Day care

Staff meal on subsidize rates



JAHANZAIB
Senior Officer
Admission Secretariat LCMD

### INTERVIEW OF MANAGING DIRECTOR BHITAI GROUP

**DR. GHULAM MUSTAFA**Vice Chairman & Managing Director Bhitai,
Moomal & Ikhlas Group of Colleges



Dr. Ghulam Mustafa Butt is an accomplished Administrator and Educational leader, currently serving as Vice Chairman and Managing Director of Bhitai, Moomal, and Ikhlas Group of Colleges. With occupied access and authority across all Departments, He plays a pivotal role in strengthening Academic operations, ensuring institutional excellence, and advancing healthcare services.

**Dr. Anjum Fahad**Associate Editor Reflections

Q: How do you view LCMD's role in shaping this platform for dental education, innovation, and collaboration? Ans. LCMD has truly redefined the landscape of dental education in Pakistan. Dentalnovate 2.0 is not just an event—it's a movement. LCMD's ability to curate a platform that blends academic rigor with creative expression is commendable. From table clinics that showcased clinical ingenuity to reels, short films, and dramatics that captured the emotional and societal dimensions of dentistry, LCMD has demonstrated that education thrives when it is both intellectually stimulating and emotionally resonant. Their leadership in fostering collaboration across institutions is a model for others to follow.

Q: What stood out to you about this year's Dentalnovate at Health Expo compared to last year's event?

Ans. This year's Dentalnovate was a leap forward in terms of scale, inclusivity, and digital creativity. The integration with the Health Expo added a multidisciplinary richness, allowing dentistry to be viewed in the broader context of public health and wellness. What truly stood out was the digital storytelling—reels and dramatics that brought real-life patient narratives and ethical dilemmas to life. The students' ability to use media as a tool for advocacy and education was inspiring. It reflected a shift from passive learning to active engagement, and LCMD deserves immense credit for nurturing that transformation.

#### Q: Could you share your vision behind this level of participation and what you hoped to achieve?

**Ans.** At Bhitai Dental & Medical College, we believe that education must be visible, vibrant, and socially responsive. Our participation in Dentalnovate 2.0 was guided by a vision to empower students as thought leaders and change-makers. We encouraged them to not only present clinical knowledge but to express their ideas through creative formats—be it dramatics, digital reels, or interactive clinics. Our goal was to showcase a holistic model of education, where science meets storytelling, and where students learn to communicate, collaborate, and care.

#### INTERVIEW OF MANAGING DIRECTOR BHITAI GROUP

# Q: How is Bhitai Dental & Medical College working to position itself as a hub for quality dental education in Pakistan?

**Ans.** We are building a future-ready institution—one that is rooted in ethical practice and global standards. Our focus areas include:

- Faculty development through international collaborations and pedagogical training.
- Digitalization of learning, including simulation labs, e-portfolios, and virtual case-based modules.
- Research excellence, particularly in oral cancer, student engagement strategies, and health conditions specific to our target population.
- Community outreach, where students engage with underserved communities through mobile clinics and awareness campaigns.

By integrating creativity, compassion, and cutting-edge technology, Bhitai is positioning itself as a hub of transformative dental education.

# Q: How do you see partnerships between dental institutions helping to uplift standards and opportunities in Pakistan's dental sector?

**Ans.** Collaboration is the heartbeat of progress. When institutions come together—sharing resources, research, and pedagogical innovations—they create a ripple effect that uplifts the entire sector. I envision a future where dental colleges form consortia to address national challenges: from curriculum reform to oral cancer awareness, from digital learning platforms to community-based research. Such partnerships not only enhance academic standards but also foster a culture of mutual respect and shared purpose.

# Q: What leadership principles guide your approach to leading Bhitai Dental College and other institutions under your umbrella?

**Ans.** My leadership is anchored in three principles:

- Empowerment: I believe in nurturing leaders at every level—students, faculty, and staff.
- Empathy: Institutions must be emotionally intelligent, sensitive to the needs of their communities.
- Excellence: We strive for global benchmarks while staying rooted in local realities.

I lead with a vision that blends tradition with innovation, always keeping the human element at the center of our educational mission.

# Q: Could you share some of the ongoing or upcoming projects at Bhitai Dental & Medical College that you are particularly excited about?

**Ans**. We are currently advancing several transformative initiatives:

- Oral Cancer Research Program: Focused on early detection, community awareness, and culturally sensitive interventions.
- Student Engagement Lab: A pedagogical innovation hub exploring gamification, peer-led teaching, and digital storytelling.
- Target Population Health Studies: Researching dental and systemic health conditions prevalent in rural Sindh, with an emphasis on preventive strategies.
- Digital Learning Ecosystem: Including virtual clinics, Al-assisted diagnostics, and creative content production by students.

These projects reflect our commitment to blending academic excellence with social impact.

### INTERVIEW OF MANAGING DIRECTOR BHITAI GROUP

# Q: What message would you like to share with dental faculty, professionals, and students who attended or participated in Dentalnovate 2.0?

**Ans.** You are the torchbearers of a new era in healthcare. Dentalnovate 2.0 has shown us that dentistry is not confined to clinics—it is a canvas for creativity, a platform for advocacy, and a tool for transformation. Whether you contributed through a table clinic, a short film, or a dramatic performance, you have helped redefine what it means to be a dental professional. Keep that spirit alive.

# Q: How can young dental professionals prepare themselves for future challenges and opportunities in healthcare?

**Ans.** Be adaptable, be ethical, and be creative. The future of healthcare demands professionals who can think critically, communicate effectively, and innovate responsibly. Embrace digital tools, engage with your communities, and never lose sight of the human stories behind every diagnosis. Your greatest strength lies not just in your skills—but in your ability to serve with heart and vision.



**DR. RIZWAN HASSAN**Asisstant Manager
Dental Outreach Department (DOD - LCMD)



# Q: Could you share your journey into dental academics and what inspired you to pursue teaching in Dental Materials?

**Answer:** I am Dr. Rizwan Hassan, a proud graduate of Dow International Dental College, Class of 2017. From the very beginning, I had a natural inclination towards teaching — even as a student, I worked as a tutor and enjoyed helping others learn. Right after graduation, I joined the Oral Medicine department at LCMD, where my first interview was conducted by Dr. Samir Azeem. At that time, I was not a very confident person, but he was the first to believe in me and helped me understand the fundamentals of survival in academics.

Later, during my internship in Oral and Maxillofacial Surgery under Prof. Dr. Tahera Ayub, I realized that although clinical work is rewarding, my heart always leaned towards teaching. People often say every individual is made for a purpose, and I began to recognize that mine was to teach. In 2020, I transitioned into Dental Materials under the leadership of Dr. Asad Farooq, who became a true mentor. His constant encouragement boosted my confidence and gave me a platform to grow.

Dental Materials is often considered a "dry subject," but I made it my mission to change that perception. I would spend hours preparing lectures, designing pneumonics, and creating simple explanations so students could see the subject in a new light. What inspires me most is seeing their eyes light up when a difficult concept suddenly makes sense — that's when I know I'm exactly where I belong.

# Q: As one of the youngest leaders at LCMD, what has your journey been like becoming Chairperson of the Online Committee?

**Answer:** Becoming Chairperson of the Online Academic Committee at such a young stage in my career has been nothing short of a roller coaster ride. It wasn't an easy path — being surrounded by senior professors while still a demonstrator meant that I had to work twice as hard to prove myself. There were many sleepless nights, extra hours, and moments of self-doubt, but I knew that persistence and sincerity would eventually pay off.

Two people played a pivotal role in this journey. My colleague and friend, Dr. Sabaa Shahid, was the first to plant the idea in me that I could actually lead a committee. I was hesitant and lacked confidence, but she pushed me to believe in my potential. And then came our respected Principal, Prof. Dr. Navid Rashid Qureshi. He saw something in me that even I hadn't recognized, and he gave me the platform to share my vision and prove my abilities.

This position has taught me that leadership is not about titles, but about resilience, teamwork, and the courage to step up when the opportunity comes. My journey stands as proof that with passion, hard work, and the right mentors, even the most unexpected paths can become reality.



# Q: The Online Committee plays a crucial role in modern education delivery. How do you see its impact on LCMD's growth and student learning?

**Answer:** When I was entrusted with the responsibility of leading the Online Academic Committee, I carried a clear vision — to advance LCMD into a new era of digital education. My goal was to break the traditional boundaries of learning by blending modern tools with our strong academic foundation. A major part of this journey was engaging our senior faculty and helping them adapt to online platforms, ensuring that their vast knowledge could be delivered effectively in the digital space.

This vision was strongly aligned with our respected Principal, Prof. Dr. Navid Rashid Qureshi, who always emphasized innovation and modern education delivery. Together, we began shaping an environment where technology supports learning rather than replaces it.

The impact has been remarkable. Students are now more engaged, resources are accessible beyond classroom walls, and education has become more flexible and inclusive. The committee has not only enhanced teaching methodologies but has also positioned LCMD as a forward-looking institution, ready to meet the challenges of global education standards.

Ultimately, the Online Committee is not just about technology — it's about creating opportunities. Opportunities for students to learn better, for teachers to teach smarter, and for LCMD to grow as a leader in modern dental education.

# Q: What innovations or improvements have you introduced — or plan to introduce — to enhance LCMD's online and digital presence?

**Answer:** At LCMD, we have been committed to strengthening our digital presence and transforming education through innovation. From integrating Artificial Intelligence into teaching and research, to launching our official YouTube channel with recorded lectures and case-based tutorials, we have ensured that students have access to learning anytime, anywhere. Through collaboration with DHPE, we introduced both synchronous and asynchronous learning methods, while also training faculty to adopt online teaching and professional platforms such as LinkedIn. Our efforts have expanded access to e-books, digital journals, and paperless communication, supported by platforms like LMS, Google Classroom, and Zoom Pro.

Looking ahead, our vision is to take LCMD's digital transformation even further. We aim to develop interactive e-modules, virtual simulation labs, and AI-powered platforms that personalize learning experiences. Plans are also underway for a centralized digital repository of lectures and research, as well as expanded community outreach through online platforms.

Our focus is not just on digitizing education but on reimagining it. By embracing technology, we are creating opportunities that empower both students and faculty, positioning LCMD as a leader in modern dental education.



# What challenges have you faced leading a committee at a young age, and how have you turned them into opportunities?

**Answer:** Leading a committee at a young age was not without its challenges. In the beginning, I often felt hesitant and unsure, especially since many members were of the same designation or even more senior than me. It was not easy to step into a leadership role under such circumstances, but I decided to turn this challenge into an opportunity by building a strong and inspiring team around me. I carefully selected members whom I believed had the intellect, potential, and passion to grow, and before adding anyone to the committee, I personally sought their consent and explained the vision and opportunities that this platform could provide.

From the start, I adopted a transformational leadership style, making sure that every voice was heard and every perspective was valued. Instead of dictating, I encouraged open discussions and gave my team the authority to lead initiatives within the committee. Having experienced the struggles of being a junior myself, I made it a priority to provide constant support and mentorship to my colleagues whenever they needed it.

What began as a challenge of age and confidence ultimately became an opportunity to prove that leadership is not about hierarchy, but about trust, inclusivity, and teamwork. This experience has shaped me into a leader who empowers others — and together, we have achieved far more than I could have done alone.

### How do you balance your teaching responsibilities with administrative leadership roles?

**Answer:** Balancing teaching with administrative leadership is certainly demanding, but for me, both roles complement each other. Teaching keeps me closely connected with students, their challenges, and their aspirations, while administrative leadership allows me to design systems and opportunities that directly address those needs on a larger scale. I see it as two sides of the same coin — one gives me daily insight, and the other gives me the platform to act on it.

Time management and teamwork are at the heart of this balance. I dedicate focused hours to lecture preparation and student interaction, while also making sure that administrative tasks, meetings, and committee responsibilities are organized efficiently. I rely on planning, prioritizing, and most importantly, on working with a supportive team who shares the same vision.

In the end, what drives me is the passion to serve. Whether I am in a classroom or leading a committee, the goal remains the same — to contribute to the growth of students and the institution. This sense of purpose makes balancing both roles not only possible but deeply fulfilling.

# What message or advice would you like to share with students and young faculty members aspiring to leadership roles?

**Answer:** My message to all young students and faculty members is simple: there are no shortcuts to success. Hard work, persistence, and dedication are the only true paths. Leadership is not earned in a day; it is built through countless days and nights of effort and service.

Equally important are communication skills — the way you interact with colleagues, juniors, and students shapes your influence as a leader. Leadership is not defined by a title; it is defined by the personality and values that inspire people to follow you. True leaders lift others up rather than standing in competition with them. Personally, I believe in working alongside people who are more skilled or competent than me, because that is how we learn and grow.

Surround yourself with progressive, forward-looking individuals, and you too will move forward. Leadership is not about position — it is about vision, humility, and the courage to keep learning every day.



# What are your favorite hobbies or activities outside your professional life?

**Answer:** Outside my professional life, I enjoy creative work that keeps me inspired — from exploring new digital tools and AI innovations to working on event planning and design. I also find joy in writing, mentoring, and creating meaningful content that connects with people. Spending time with family and close friends keeps me grounded, while reading and learning new skills helps me stay curious and forward-looking. For me, hobbies are not just a break from work — they fuel the passion I bring back into my professional journey.

#### How do you like to spend your free time to recharge and stay creative?

**Answer:** In my free time, I like to keep things simple and refreshing. I enjoy watching Instagram reels and sharing memes with friends — it's a fun way to laugh, connect, and unwind after a busy day. These small moments of joy keep me energized and help me return to work with a fresh and creative mindset.

### Are there any role models or personal experiences that inspire your leadership style?

**Answer:** Yes, I have been fortunate to learn from many inspiring personalities throughout my journey, and each of them has shaped my leadership style in unique ways. Prof. Dr. Tahera Ayub was among the first to inspire me — her supportive nature and ability to guide through every situation taught me the importance of empathy and patience in leadership. Prof. Dr. Uzma Zareef, one of the most hardworking individuals I have ever met, showed me that true leaders lead by example through dedication and resilience.

I also deeply admire Dr. Shirjeel Hussain for his smart way of leading — his calm, solution-oriented approach to handling difficult situations and juniors without panic has been a lesson in composure. Similarly, Dr. Sadaf Mashood has inspired me with her ability to manage and guide her team effectively, always with grace and clarity. My friend and colleague, Dr. Sabaa Shahid, has been a personal source of motivation — her competitive spirit, energy, and determination push me to keep raising the bar.

Beyond faculty, I have also learned from Mr. Moiz Majid, whose smart, strategic thinking and leadership as a non-faculty member proves that leadership is about mindset, not just titles. And above all, our Principal, Prof. Dr. Navid Rashid Qureshi, has been my greatest inspiration. His innovative ideas, situational leadership, and ability to see potential in people have shaped not just my career but my entire outlook on leadership.

Together, these individuals remind me that leadership is not one style, but a blend of qualities — empathy, hard work, composure, innovation, and teamwork. Their influence continues to inspire me every day as I try to grow into a better leader myself.





### What are your future goals and dreams for LCMD's Online Committee and your own academic career?

**Answer:** For LCMD's Online Academic Committee, my future goal is to strengthen our digital teaching culture by making online learning more interactive, innovative, and accessible for both faculty and students. I want to introduce new tools and training opportunities that make virtual teaching more engaging, while also ensuring we maintain academic quality and consistency. My dream is to position LCMD as a model institution where online and blended learning are not just alternatives, but strengths that complement traditional teaching.

As for my academic career, I aim to grow as both an administrator and educator by contributing more to research, publishing on topics such as lean management and healthcare excellence, and mentoring young professionals. I also aspire to take on greater leadership roles where I can bridge academics and management, ensuring that education is not only about knowledge but also about professional growth, innovation, and service to the community.

### If you weren't in dentistry, what other profession would you have chosen for yourself?

**Answer:** If I weren't in dentistry, I would have most likely chosen a career in hospital administration or public relations, because I genuinely enjoy working with people, solving problems, and building systems that improve service quality. Over time, I have realized that my natural strengths lie in leadership, communication, and management, and these would have guided me toward a role where I could create impact at an organizational level. I also have a creative side, so I feel that media, event management, or community outreach could have been exciting paths as well, since they align with my interest in connecting with people and bringing innovative ideas to life.









#### **78TH INDEPENDENCE DAY CELEBRATION**

The College of Dentistry proudly celebrated the **78th Independence Day of Pakistan** on 12th August 2025 at the Khalid Bin Waleed Auditorium, organized by the Co-Curricular Committee. The event was held under the theme "Marka-e-Haq", with the floor topic: "Pakistan mei nizam badalne ki nahi, zehan badalne ki zaroorat hai – Awaami shaaoor ki kami, Pakistan ke masail ki jar."

The ceremony was graced by Chief Guests Mr. Amir Chishti and Mr. Ali Farhan, along with Mr. Hamza Chishti, whose presence added prestige to the occasion.

The program began with an inspiring opening speech by Dr. Naveed Rashed Qureshi, emphasizing the true spirit of independence and the importance of collective responsibility. The event was hosted by 2nd Year BDS student, Kashaf, who kept the audience engaged with great enthusiasm.

#### Highlights of the celebration included:

Independence Day Speech by Shaheer Asim (3rd Year BDS)

Patriotic Poetry by Misbah (2nd Year BDS)

Flag Raising Ceremony and Cake Cutting Ceremony to mark the day

The program concluded with a Vote of Thanks delivered by Dr. Sadaf Asrar, Chairperson of the Co-Curricular Committee, appreciating the efforts of students, faculty, and guests in making the event memorable.

The celebration not only reflected the patriotic zeal of the students and faculty but also served as a reminder that true change begins with transforming our mindset.











Indeed We belong to Allah and to Him we Shall return

Heartfelt condolences to family.

May Allah grant **PROF. DR. IRUM MUNIR RAJA** (late) in Jannah and give the strength to family during this difficult time.



Management of LCMD

